

CISRS Operative Training Scheme (COTS)

Course Aim

To provide delegates with current up-to-date health and safety knowledge and the relevant industry skills to carry out their duties in a safe manner.

Who Should Attend?

Operatives who carry out only labouring/driving duties in support of scaffold operations.

Pre-Requisites

From 1st January 2018, delegates must have successfully completed a CITB Health and Safety and Environment Test within 2 years prior to attending the CISRS COTS course. CISRS do accept some other industry recognised Health and Safety qualifications as an exemption to the CITB HS&E Test.

Course Duration

This is a 1 day course.

Certification

Delegates successfully completing the course will receive a Construction Industry Scaffolders Record Scheme (CISRS) accredited certificate.

Following completions of the CISRS Construction Operative Training Scheme (COTS) you will be issued with an attendance certificate. If you would like to apply for a CISRS Scaffolders Labourer or Trainee card you must hold a current Health & Safety Qualification within the last 2 years and apply for your card within 2 years of completing your course.

Agenda

- Introduction and Welcome
- General Responsibilities
- Basic Scaffold Terminology (components & application)
- Servicing of Equipment, Tube, Fittings etc.
- Boards and Stock – Quality Control
- Health, Welfare, Hygiene and Housekeeping
- Electrical Safety
- Fire Prevention and Control
- Noise and Vibration
- Work at Height
- Accident Prevention and Reporting
- Slips, Trips and Falls
- Personal Protective Equipment
- Site Transport Safety (Including loading and unloading)
- Equipment and Tools
- Manual Handling (Including practical element)
- Lifting Equipment Using Rope and Wheel