



Emergency First Aid at Work - EFAW - City & Guilds

Course Aim

This industry leading course will provide delegates with knowledge of basic life saving first aid and workplace health and safety regulations.

Who Should Attend?

Nominated emergency first aiders, or those who need to undertake emergency first aid training, working within smaller workplaces that present fewer health and safety risks.

Course Duration

This is a 1 day course.

Certification

Delegates successfully completing the course will receive a City & Guilds Award in Emergency First Aid valid for 3 years.

Agenda

Theory

- Roles and responsibilities of a first aider
- Legal requirements for first aid provision
- Incident management
- First aid equipment and its safe use
- Undertaking primary and secondary surveys
- Demonstration of a defibrillator (AED)

Management of a casualty who is:

- Unconscious but breathing normally
- Unconscious but not breathing normally
- Choking
- Bleeding
- In shock
- Suffering burns or scalds
- Suffering from a seizure
- Unconscious, non-breathing casualty (CPR)

Practical Assessment

The practical assessment covers the following five elements:

- Recovery position
- Cardiopulmonary resuscitation
- Choking
- Bleeding
- Shock