



First Aid at Work - City & Guilds

Course Aim

This industry leading course will ensure that delegates have a comprehensive set of practical skills required to become a confident first aider.

Who Should Attend?

Nominated emergency first aiders, or anyone wanting to receive thorough first aid training. May be more suitable for those working within lower risk environments, such as office environments, shops and/or organisations with fewer than 100 employees.

NOTE:

You must have a good understanding of spoken and written English. Please contact us if you have any concerns in this area on 0845 605 0006.

Course Duration

This is a 3 day course.

Certification

Delegates successfully completing this course will receive a City & Guilds Award in First Aid at Work.

Requalification is mandatory every three years.

Agenda

Course Chapters

Unit 1: Emergency First aid in the Workplace

- Roles and responsibilities of a first aider
- Assessing an incident
- Unconscious casualties
- Cardiopulmonary resuscitation (CPR)
- Choking
- External Bleeding
- Shock
- Minor Injuries

Unit 2: Recognition and Management of Illness and Injury in the Workplace

- Secondary survey
- Injuries to bones, joints and muscles
- Suspected head and spinal injuries
- Chest injuries
- Burns and scalds
- Eye injuries
- Sudden poisoning
- Anaphylaxis
- Major illnesses

This will be in the format of both theory and practical assessments and activities.