



Mental Health Awareness Training for Carers and Nurses - E-Learning

Course Aim

Sadly, the suicide rate in the Care Sector is almost twice as high as the national average. This Mental Health Awareness Training for Carers & Nurses course aims to help to raise awareness of ill-mental health and offer guidance for daily wellbeing-management. The main focus of the course is to remove the negative stigma currently associated with mental health.

Happy staff equal healthier, more productive and more successful staff

Available in over 35 languages

Our courses are machine translated* into a variety of popular International languages, so regardless of location or language preference, we've got you covered. Our machine translated content includes the translation of course transcripts and test questions.

**Content which is not English may be machine translated and is for assistive purposes only. We cannot guarantee the accuracy of translations.*

Who Should Attend?

This course is suitable for delegates who work as carers and nurses. The course provides delegates with a wellbeing toolkit to help manage day to day mental health.

Course Duration

This is a 40 minute course.

Agenda

The course modules cover:

- Mental Health in Care
- Mental Health Problems
- Wellbeing toolkit
- External Help

Certification

Delegates will receive a HSS printable certificate in Mental Health Awareness Training for Carers and Nurses upon completion of the course.

This course is approved and accredited by Skills for Care.