

What you love

What you're good at

What the world needs



## Recognising Your Value Training - E-Learning

### Course Aim

This course on Recognising your value uses the Japanese philosophy of Ikigai, this can be roughly understood as the purpose or meaning of someone's life. This course aims to help delegates start their own journey of discovery.

#### Available in over 35 languages

Our courses are machine translated\* into a variety of popular International languages, so regardless of location or language preference, we've got you covered. Our machine translated content includes the translation of course transcripts and test questions.

*\*Content which is not English may be machine translated and is for assistive purposes only. We cannot guarantee the accuracy of translations.*

### Agenda

The course modules cover:

- Ikigai: A Japanese Philosophy
- Finding Your Ikigai

### Certification

Delegates will receive a HSS printable certificate in Recognising Your Value Training upon completion of the course.

This course is approved and accredited by CPD.

### Who Should Attend?

This Recognising Your Value Training course is designed for the use of all levels of employees.

### Course Duration

This is a 10 minute course.